



# Physical Education

## Subject Overview

### Our Curriculum Drivers

Identity & Diversity

Curiosity

Life Skills

Environment

	<u>Term 1</u>	<u>Term 2</u>	<u>Term 3</u>	<u>Term 4</u>	<u>Term 5</u>	<u>Term 6</u>
Reception	Ball Skills - Hands	Dance – Nursery Rhymes	Rackets, Bats & Balls	Ball Skills - Feet	Gymnastics – High, Low, Under Over	Games for Understanding – Attack & Defence
Year 1	Balls Skills - Feet	Dance – The Zoo	Gymnastics – Wide, Narrow, Curled	Ball Skills - Hands	Rackets, Bats & Balls	Games for Understanding – Attack & Defence
Year 2	Ball Skills - Hands	Dance – Explorers	Gymnastics - Pathways	Ball Skills - Feet	Games for Understanding – Attack & Defence	Rackets, Bats & Balls
Year 3	Tag Rugby	Gymnastics – Canon & Unison	Dance - Weather	Athletics	Outdoor Adventure Activity – Problem Solving	Tennis
Year 4	Tag Rugby	Dance – Cats	Gymnastics – Levels and Direction	Athletics	Tennis	Outdoor Adventure Activity
Year 5	Tag Rugby	Gymnastics – Counter Balance & Counter Tension	Dance – Street Art	Athletics	Outdoor Adventure Activity - Orienteering	Tennis
Year 6	Tag Rugby	Dance – Carnival	Gymnastics – Matching and mirroring	Athletics	Tennis	Outdoor Adventure Activity – Leadership